

## Learning Contentment – Growth Group Edition

1. What does it mean to be satisfied in Jesus? Is it even possible for us in the 21st century to live satisfied in the Lord?
2. What are the biggest obstacles that you face to experiencing the satisfaction that Jesus gives?
3. If God desires us to find our satisfaction in him, why is it so hard for us to experience it?
4. Read the encounter of Jesus with the women at the well, and describe a) what she was looking for and couldn't find and b) what was Jesus offering her that she could experience?
5. The people of God in the Old Testament during the time of Jeremiah (see Jer. 2:13) made a bad trade. What was it? How are we tempted to make the same type of trade?
6. How can we encourage each other to find our satisfaction in Jesus?
7. What are some "holy habits" that we can develop to finding the contentment that the Apostle Paul had (Philippians 4:11-14)?
8. We are tempted to "settle" in our spiritual walk; how can we avoid that temptation?
9. Can God really satisfy the deepest longings of our hearts and lives?
10. What changes do you need to make in your life in order experience that "contentedness" in Christ?